



**KITCHEN SISTERS**  
**TORONTO'S FINEST WOMEN CHEFS ARE REUNITING**  
**SONJA SMITS HOSTS**  
**SHAKURA S'AIDA PERFORMS**

**INTERNATIONAL WOMEN'S DAY**  
**THURSDAY, MARCH 8, 2012 • 6 P.M.**  
**MILDRED'S TEMPLE KITCHEN**

<http://sistering.org/events/kitchensisters.php>  
[www.sistering.org](http://www.sistering.org)

**Sonja Smits**, acclaimed Canadian actress and proud proprietor of the **Closson Chase Vineyard**, will host the 2<sup>nd</sup> annual **Kitchen Sisters: An Exquisite Dining Experience** on **March 8<sup>th</sup>**. Spend the evening with her and the exceptional ensemble of Toronto's finest women chefs for a delectable four-course meal with wine pairings to celebrate **International Women's Day** and to support **Sistering!** Guests will be treated to a performance by international singer and songwriter **Shakura S'Aida**. She has enriched the jazz, blues and R&B genres in Canada, receiving three major nominations at the Maple Blues Awards in 2010.

The evening begins with a reception at 6 p.m., featuring passed canapés created by chefs **Deborah Reid** (George Brown College) and **Carol Grey** (Sistering). A delectable four-course dinner is served at 7 pm.

**First Course**

Salad of Baby Beets and Hazelnuts served beside a Baby Cauliflower 'Mousseline' with Miso Toast  
*Created by chefs **Suzanne Baby** (Gallery Grill) and **Trisha Beard** (Sistering)*

**Second Course**

Shrimp, Scallop and Lobster in Tomato Fennel Broth with a Swirl of Saffron Cream  
*Created by chef **Christine Bib** (Christine Bib Catering) and **Maureen Watson** (Sistering)*

**Main Course**

Beef tenderloin, Oven Roasted Carrots, French Beans and Onion Confit, served with Horseradish Jus  
*Created by chefs **Anne Yarymowich** (Art Gallery of Ontario) and **Donna Dooher** (Mildred's Temple Kitchen)*



## **Dessert**

Warm Plum Almond Crumble with Port Reduction and Vanilla Orange Ice Cream

*Created by chefs **Joanne Yolles** (George Brown College/formerly of Scaramouche and Pangaea) and **Colen Quinn** (Pangaea)*

Accompanying breads provided by **Fred's Bread**, maker of Canada's finest artisanal bread.

Toronto's finest women chefs are reuniting to present the 2<sup>nd</sup> annual **Kitchen Sisters: An Exquisite Dining Experience to Benefit Sistering** and the menu sounds delectable. The soiree takes place on, **Thursday, March 8**, at **Mildred's Temple Kitchen**, 85 Hanna Avenue at **6 p.m.**

Tickets are priced at \$500 (\$350 tax receipt) and \$1,000 (\$700 tax receipt) for the VIP Chef's Table. Please contact Sistering at 416.926.9762 ext. 243 for details

**Ordinary women in extraordinary circumstances:** Sistering has been supporting homeless, under-housed and low-income women in Toronto since 1981. The core services offered are basic needs for daily living, housing assistance, counseling, advocacy and self-employment programs. For more information, please visit [www.sistering.org](http://www.sistering.org).

Images are available upon request. We are presently confirming interviews. Thank you!

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